

Toothbrushing Addendum – State of Emergency COVID-19

The following Tooth Brushing procedure will be utilized during a state of emergency (i.e.: COVID 19) triggered by the Federal, state and /or local governments:

Staff should wash hands with soap and water for at least 20 seconds before and after helping children brush their teeth. Children should wash their hands following the same procedure after brushing their teeth.

1. Each child should have their own child-sized/or infant sized, soft bristled toothbrush. Each brush should be labeled with the child's name.
2. Replace toothbrushes every 3-4 months, when the bristles become worn or frayed, or after illness.
3. Wear a new pair of gloves for brushing each child's teeth.
4. Dispense a smear (grain of rice size) of fluoride toothpaste for each child on the rim of a disposable paper medication cup, scoop the toothpaste from here onto the child's toothbrush.
5. Help each child brush their teeth.
6. After brushing, have each child spit the remaining toothpaste into a disposable cup, but do not rinse mouth. Then have the child wipe their mouth with a napkin and place napkin in the disposable cup. Throw away the cups and napkins.
7. After brushing each toothbrush should be place on a napkin on the table to await cleaning. Do not allow children to play with toothbrushes.
8. Rinse each toothbrush and store the toothbrushes in an upright position in the toothbrush sanitizer. Sanitizers should be turned on and allowed to cycle disinfecting the toothbrushes.