Community Services of Northeast Texas, Inc. Head Start Policy Council Meeting Wednesday, August 23, 2017 9:15 am Linden Administrative Offices 304 East Houston Linden, Texas

Invocation

IIIVO	Lation		
1.	Call	Meeting to Order	
2.	Rec	ognize New Policy Council Members	
3.		blishment of Quorum	
4.	App	roval of Agenda	
5.		roval of Minutes	
		iscuss and/or Approve Minutes from June 28, 2017	
6.		sentations/Professional Development	
	Α.	Training	Bernadette Harris
7.	Rep	orts	
	Α.	Financial Report	Shelley Mitchell
		a. Head Start Financial Report August 2017	·
		b. Credit Usage Report	
		c. CACFP Financial Report August 2017	
	В.	Head Start Director	Bernadette Harris
		a. Head Start Report	
	C.	Executive Director	Dan Boyd
8.	Con	nmittee Reports	-
	Α.	Appoint Committee Member(s)	
9.	Acti	on Items	
	Α.	Discuss and/or Approve Personnel Policy #391 Holi	days
10.	Disc	cussion Items	
	Α.	Discuss 2017-2018 Nutrition Menu Changes	

11. Audience Comments

12. Executive Session

A. Personnel

1. New hires and terminations

Discussion with respect to any matter specifically made confidential by law or regulation. Topics may include, but are not limited to: Approval of new hires, terminations, and employee matters of a confidential nature.

13. Required Action from Executive Session

14. Adjourn

Community Services of Northeast Texas, Inc. Head Start Policy Council Meeting Minutes Wednesday June 28, 2017 9:15am Linden Administrative Offices 304 East Houston Linden, Texas

			Sep-16	Oct-16	Dec-16	Jan-17	Feb-17	Mar-17	Apr-17	May-17	Jun-17
PC Attendance	Campus	Title	16	16	16	17	17	17	17	17	17
Chairp	berson - April Bennett		х	x	x	х		x			
Vice Ch	airperson - Mary Cool	(x	x	x	x	х	x		Χ	
Secreta	ary - Ashley Davenport	:	x	x	x		x				
Charles Snowden	Board Liaison	Representative	х	х							
Brenda Swisher	Board Liaison/CC	Representative					х	х		Х	х
Susie Cash(Non-Voting as of 12/9/15)	Policy Council Board Liaison	Representative									
April Bennett	Morris County	Representative	х	х	х	х		х			
Amber Kimbriel (12/7/16)	Atlanta Head Start	Representative			х		х	х	МΑΥ		х
Randie Hall	Atlanta Head Start	Representative									
Megan Bonner	Atlanta Head Start	Alternate							AND		
Mary Cook	Bloomburg	Representative	х	х	х		х	х	SIL	Х	
Sherrie Sullivan	Bloomburg	Alternate							APRIL		
Charkita Smith	D/LS	Representative	х								
Jennifer Baxter(10/2616)	D/LS	Representative		х		х			COMBINED		
Shantrel Hall	D/LS	Alternate							MB		
Sarah Sims	Hughes Springs	Representative	х	х	х		х		S		х
Missy Harp	Hughes Springs	Alternate									
Jessica Shellman	Linden	Representative	х	х	х				EETING		
Ashley Davenport	Linden	Representative							Ē		
Tiffany Williams	Linden	Alternate							Σ		
Jessica Hill	Naples	Representative	х	х		х	х	х	N		
Monica Buford	Naples	Alternate									
Alicia Ward	New Boston	Representative	х	х							
Monica Garcia(2/22/17)	New Boston	Representative	х			х	х	х			
Summer Forte	New Boston	Alternate	х	х			х				
Meagan Howard	Pittsburg	Representative		х							
Liliana Hernandez	Pittsburg	Alternate					х			Х	
Schetovia Curry(10-12-16)	Texarkana	Representative									
OPEN	Texarkana	Alternate									

- Others in attendance: CSNT Staff: Dan Boyd, Bernadette Harris, Bridgette Grandmaison, Shelley Mitchell and Charlotte Hall
- 1. <u>Call to Order:</u> The meeting was called to order by Brenda Swisher, Policy Council Board Liaison at 9:46 am June 28, 2017 in the Linden Administrative Conference Room.

2. Recognize New Policy Council Members: None

3. Establishment of Quorum:

Quorum was established with the following Policy Council Members present: Brenda Swisher, Sarah Sims and Amber Kimbriel

4. Approval of Agenda:

Members reviewed the agenda. Sarah Sims moved to accept the agenda as presented. The motion was seconded by Amber Kimbriel. The motion was put to a vote with a majority of members voting in favor of by signaling aye. The motion carried.

5. Approval of Minutes from May 24, 2017:

Amber Kimbriel moved to approve the minutes of the May 24, 2017 meeting as presented. The motion was seconded by Sarah Sims. The motion was put to a vote with a majority of members voting in favor of by signaling aye. The motion carried.

6. Presentations:

A. Training

None

7. Reports:

A. Financial Report – Shelley Mitchell Shelley Mitchell gave the Financial Report as presented.

B. Head Start Director Report – Bernadette Harris Bernadette Harris gave the Head Start Director report as presented.

C. Executive Directors Report

None

8. Committee Report:

A. Appoint Committee Members None

2016-2017 List of Committees

Self-Assessment

Jessica Shellman– Policy Council Jessica Hill– Policy Council Donna Early – Governing Board Oteria McDaniel – Governing Board

Community Assessment

Mary Cook– Policy Council Oteria McDaniel – Governing Board April Bennett– Governing Board

Finance Committee

Jennifer Baxter - Policy Council Donna Early – Governing Board Kim Cook– Governing Board Brant Allen – Governing Board

School Readiness Committee

Ashley Davenport - Policy Council Sarah Sims – Policy Council Judge Munkres– Governing Board Oteria McDaniel – Governing Board Donna Early – Governing Board Kellie Burns - Governing Board Brenda Swisher – Governing Board

ERSEA Committee

Mary Cook - Policy Council Kim Cook – Governing Board Oteria McDaniel – Governing Board April Bennett – Governing Board

Strategic Planning Committee

Meagan Howard– Policy Council Ross Hyde– Governing Board Oteria McDaniel – Governing Board

Health Advisory Committee

Jennifer Baxter– Policy Council Sarah Sims- Policy Council Ross Hyde – Governing Board Donna Early – Governing Board Oteria McDaniel – Governing Board

9. Action Items:

 A. Discuss and/ or Approve Head Start Cost Of Living Allowance (COLA) Grant #06CH7174/03 – Total Amount \$46,051(\$36,841 funds and \$9,210 Non-Federal Share)

Sarah Sims moved to approve the Head Start Cost Of Living Allowance (COLA) Grant #06CH7174/03 – Total Amount \$46,051(\$36,841 funds and \$9,210 Non-Federal Share) as presented. The motion was seconded by Amber Kimbriel. The motion was put to a vote with a majority of members voting in favor by signaling aye. The motion carried.

B. Discuss and/or Approve Head Start Non-Competing Continuation Grant #06CH7174/04 – Total Amount \$4,707,230 (\$3,765,784 funds and \$941,446 Non-Federal Share)

Bernadette Harris discussed the grant. She stated that the Transportation Wavier is included in the Grant. Sarah Sims moved to approve the Head Start Non-Competing Continuation Grant #06CH7174/04 – Total Amount \$4,707,230 (\$3,765,784 funds and \$941,446 Non-Federal Share) as presented. The motion was seconded by Amber Kimbriel. The motion was put into the vote with the majority of members in favor of by signaling aye. The motion carried.

C. Discuss and/or Approve Policy #512 Business Travel Expenses

Sarah Sims moved to approve Policy #512 Business Travel Expenses. The motion was seconded by Amber Kimbriel. The motion was put into the vote with the majority of members in favor of by signaling aye. The motion carried.

D. Discuss and/or Approve Financial Audit

Amber Kimbriel moved to approve the Financial Audit as presented. The motion was seconded by Sarah Sims. The motion was put into the vote with the majority of members in favor of by signaling aye. The motion carried.

E. Discuss and/or Approve 2017-2018 Campus Operating Manual

Sarah Sims moved to approve the 2017-2018 Campus Operating Manual as presented. The motion was seconded by Amber Kimbriel. The motion was put

into the vote with the majority of members in favor of by signaling aye. The motion carried.

F. Discuss and/ or Approve Head Start Policies and Procedures aligned with the 2016 HSPPS

Sarah Sims moved to approve the Head Start Policies and Procedures aligned with the 2016 HSPPS as presented. The motion was seconded by Amber Kimbriel. The motion was put into the vote with the majority of members in favor of by signaling aye. The motion carried.

G. Discuss and/or Approve Updated School Readiness Goals 2017-2018

Sarah Sims moved to approve Updated School Readiness Goals 2017-2018 as presented. The motion was seconded by Amber Kimbriel. The motion was put into the vote with the majority of members in favor of by signaling aye. The motion carried.

H. Discuss and/or Approve not having a July Meeting

Sarah Sims moved to approve not having a July Meeting as presented. The motion was seconded by Amber Kimbriel. The motion was put into the vote with the majority of members in favor of by signaling aye. The motion carried.

10. Discussion Items:

A. Discuss 2016-2017 Final PIR

Bernadette Harris reviewed the 2016-2017 Final PIR as presented.

11. Audience Comments:

None

12. Executive Session:

Amber Kimbriel moved for Policy Council to go into Executive Session at 10:08 am. Sarah Sims seconded the motion.

Discuss new hires, terminations, transfers and employee matters of a confidential nature.

Sarah Sims moved to come back into regular session at 10:10 am. Amber Kimbriel seconded the motion.

13. Required Action from Executive Session:

A motion was made by Sarah Sims to accept new hires, transfers, and terminations as presented. The motion was seconded by Amber Kimbriel. There was no discussion of the matter. The motion was put to a vote with a majority of members voting in favor of by signaling aye. The motion carried.

14. <u>Adjourn:</u>

A motion to adjourn was made by Sarah Sims at 10:11 am. The motion was seconded by Amber Kimbriel.

Minutes Submitted by: Bridgette Grandmaison Minutes approved by:

HEAD START NUTRITION PROGRAM

Financial Report

For the month of July 2017

CACFP

	<u>Ex</u>	penditures	To	otal To Date
Operating Labor	\$	6,353.04	\$	62,720.56
Administrative Labor		584.95	\$	7,924.22
Food		1.98	\$	65,510.15
Supplies & Equipment		-	\$	4,471.72
Purchased Services		-	\$	-
Financial Costs		-	\$	-
Media Costs		-	\$	-
Operating Org Cost		-	\$	150.00
Total	\$	6,939.97	\$	140,776.65

TDHS REVENUE

- 111,441.75 (Income Starts October 2016)

Community Services of Northeast Texas, Inc.

Credit Usage Report

Board Report - August 2017

Capital One Credit Card

Purchases for June 2017 and Payment due by 07/30/2017 Balance	July 2017	Pd on 07/19/20	17	3,260.87 (3,260.87) -	
Lowes Credit Card					
Purchases for Payment due Balance		Pd on	-	- 	
Sam's Club Credit Card					
Purchases for				-	
Payment due by		Pd on		-	
Balance				-	
Line of Credit					
Program	CBA UH	CBA CIGNA C	URRENT CEAP	CSBG	
Highest July 2017 balance	1,350.00	1,410.00	13,500.00	-	-
Current balance	2,050.00	1,510.00	13,500.00	-	-
Exp pay off date	8/31/17	8/31/17	8/31/2017		

In House Line of Credit

				CBA	CBA	
Program	CSBG	ETCOG	CSBG D	CIGNA	UNITED	CEAP
Highest July 2017 balance	83,540.00	107,021.06	2,451.96 -	7,631.00	12,150.00	400.00
Current balance	83,540.00	107,021.06	-	-	4,250.00	400.00
Exp pay off date	-	-			9/30/2017	8/31/2017

Capital One Bank Loans

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Capital One, N.A. Corporate Card Statement



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DAN LUCKY BOYD Roft Trains Date Reference Number D6-08 06-07 55432867158000990843 D6-08 06-07 55432867158000990843 D6-08 06-07 55432867158000990843 D6-08 06-07 55432867158000990843 D6-12 06-11 55432867182100494782 D6-13 06-12 55432867163100030366 D6-14 55438877166171565088 D6-15 55438877166171565088 D6-19 06-15 45180137167051600032	CREDITS \$146,59 Transaction Descr 3842 GAYLORD TEXAN I 038257 3959 GAYLORD TEXAN I 038259 3957 GAYLORD TEXAN I 038259 2424 SPRINGHILL SUITE 163004 8597 SPRINGHILL SUITE 163004 859706115124 8882 SHERATON DALLA 59706115124 8983 ROSEN HOTELS PL 10199 LA QUINTA INN AU 244527	PURCHASES \$3,407.45 \$3,407.45 Uption RONT DE 866-435-7627 TJ ARRIVAL 06 RONT DE 866-435-7627 TJ ARRIVAL 06 RONT DE 866-435-7627 TJ ARRIVAL 06 S FT W FT WORTH TX ARRIVAL 06 S FT W FT WORTH TX ARRIVAL 06 S FT W FT WORTH TX ARRIVAL 06 S T4-9226000 TX ARRIVAL 06 S TA 9226000 TL ARRIVAL 06 S TA 9226000 TL ARRIVAL 06	CASH ADV \$0.00 07-17 07-17 07-17 11-17 12-17 15-17 13-17	TOTAL ACTIVITY \$3,260.87	Amount 508.50 508.50 508.50 185.60 185.60 780.32 148.58 CF

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Head Start

Financial Report for the month of August 2017

(July 2017 Expenditures)

(sury 2017 Expenditure.					Monthly	YTD	
Funding Source	Amount Funded	Expenditures	Total To Date	Balance	Budget	Budget	(Over)/Under
12 month program endi			<u>Total To Date</u>	Dulance	Dudget	Dudger	
Personnel	\$2,360,038.00	\$185,217.37	\$1,535,613.91	\$824,424.09	\$196,669.83	\$1,573,358.67	\$37,744.76
Fringe Benefits	\$681,300.00	\$50,288.97	\$412,658.99	\$268,641.01	\$56,775.00	\$454,200.00	\$41,541.01
Travel (4120)	\$22,150.00	\$3,915.03	\$19,062.05	\$3,087.95	\$1,845.83	\$14,766.67	(\$4,295.38)
Equipment	\$27,500.00	\$0.00	\$25,974.87	\$1,525.13	\$2,291.67	\$18,333.33	(\$7,641.54)
Supplies	\$125,500.00	\$24,577.02	\$78,206.90	\$47,293.10	\$10,458.33	\$83,666.67	\$5,459.77
Contractual	\$17,838.00	\$0.00	\$10,346.04	\$7,491.96	\$1,486.50	\$11,892.00	\$1,545.96
Facilities / Construction	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Other (4120)	\$22,724.00	\$1,695.00	\$14,830.66	\$7,893.34	\$1,893.67	\$15,149.33	\$318.67
Other (4122)	\$508,734.00	\$46,955.17	\$372,606.44	\$136,127.56	\$42,394.50	\$339,156.00	(\$33,450.44)
Total	\$3,765,784.00	\$312,648.56	\$2,469,299.86	\$1,296,484.14	\$313,815.33	\$2,510,522.67	\$41,222.81
Т&ТА	\$44,874.00	\$5,610.03	\$33,892.71	\$10,981.29	\$3,739.50	\$29,916.00	(\$3,976.71)
Total							
USDA Reimbursements	through July 2017						\$82,567.17
Estimated USDA Reimb	oursement for July	2017					\$0.00
				Resulting (over)/und	er with USDA	=	\$123,789.98
* Total Over/Under withou	t USDA				Further Analys	sis	
					Number of chil		516
Accruals:					Number of clas		24
Actual year end payroll a	accrual = 140,000.0	0			runnoer of elds	51001115	27
	,				Monthly	YTD	
	Amount Funded	Expenditures	Total To Date		Budget	Budget	(Over)/Under
Per Classroom	\$156,907.67	\$13,027.02	\$102,887.49		\$13,075.64	\$104,605.11	\$1,717.62
Per Child	\$7,298.03	\$605.91	\$4,785.46		\$608.17	\$4,865.35	\$79.89
IN-KIND (Non-Federal S	Share)						
	Needed	This month	Total	Still need			
	\$941,446.00	\$54,579.15	\$909,928.17	\$31,517.83			

CSNT Head Start Monthly Report

Program Year 03 2017 06CH7174/03

2017

CSNT HS Report Revised 2/21/17

Attendance/Enrollment

Allendance/Linionment												
	December	January	February	March	April	May	June	July	August	September	October	November
Funded Enrollment	516	516	516	516	516	516	NA	NA				
# additional students (partnerships)	14	16	16	15	12	8	NA	NA				
% with Special Needs	7%	7%	8%	9%	9%	10%	NA	NA				
ADA Funded Enrolled* (516)	94%	95%	95%	95%	95%	93%	NA	NA				
Enrollment (w/additional students)	91%	92%	92%	92%	93%	92%	NA	NA				
Present/ Absent	485/31	488/28	488/28	487/29	488/28	482/34	NA	NA				
* If below 85% (Why) -	NA	N/A	N/A	NA	NA	NA	NA	NA	NA	NA	NA	NA
Non-Federal Share		\$932,236	\$22,308	\$909,928	20/	Needed						
Non-rederal Share	December	January	February	#909,920 March	April	May	June	July	August	September	October	November
\$909,928		,	,			,		,	August			
\$909,928	\$ 125,895	\$ 139,165	\$ 135,665	\$ 133,007	\$ 137,013	\$ 129,121	\$ 55,484	\$ 54,579	\$	\$ -	\$-	\$
Adimin Expenditures (includin	ig non-federal s	share)										
*Should not be above 15%	December	January	February	March	April	May	June	July	August	September	October	November
12%	\$ 48,210	\$ 96,814	\$ 133,471	\$ 189,394	\$ 235,524	\$ 286,212	\$ 354,886	\$ 404,451	\$ -	\$ -	\$-	\$
		-	-									
Meals/Reimbursements												
\$82,568	December	January	February	March	April	May	June	July	August	September	October	November
# of service days	14	20	19	18	19	19	NA	NA				
# of meals served	4,766	7,193	7,345	6,906	7,098	7,246	NA	NA			<u> </u>	
CACFP Reimbursement	\$ 9,670	\$ 14,611	\$ 14,862	\$ 14,110	\$ 14,535	\$ 14,780	NA	NA				
Program Monitoring		-	-				-	-	-			-
	December	January	February	March	April	May	June	July	August	September	October	November
# Child Files Reviewed	155	139	154	287	475	419	NA	NA				
# Classrooms Observed	14	19	78	70	91	93	NA	NA			<u> </u>	
Incomes Verified											1	
// Developed a local developed	67	62	2	22	5	10	NA	NA				
# Parents Interviewed	67 15	62 5	2 5	22 5	5 5	10 5	NA NA	NA NA				
# of Staff interviewed	15	5	5	5	5	5	NA	NA				
# of Staff interviewed # Bus Routes Observed	15 5	5 5	5 5	5 8	5 5	5 4	NA NA	NA NA				
# Parents Interviewed # of Staff interviewed # Bus Routes Observed # Staff Files Reviewed # Community Contacts	15 5 7	5 5 7	5 5 1	5 8 1	5 5 1	5 4 1	NA NA NA	NA NA NA				
# of Staff interviewed # Bus Routes Observed # Staff Files Reviewed # Community Contacts	15 5 7 1	5 5 7 1	5 5 1 21	5 8 1 16	5 5 1 16	5 4 1 22	NA NA NA NA	NA NA NA NA				
# of Staff interviewed # Bus Routes Observed # Staff Files Reviewed # Community Contacts	15 5 7 1 13	5 5 7 1 100	5 5 1 21 106	5 8 1 16 106	5 5 1 16 41	5 4 1 22 30	NA NA NA NA NA	NA NA NA NA				
# of Staff interviewed # Bus Routes Observed # Staff Files Reviewed # Community Contacts # of Findings Corrected	15 5 7 1 13 8	5 5 7 1 100 48	5 5 1 21 106 37 Date:	5 8 1 16 106 47 Week of	5 5 1 16 41	5 4 1 22 30 29 Completed	NA NA NA NA NA	NA NA NA NA				
# of Staff interviewed # Bus Routes Observed # Staff Files Reviewed # Community Contacts # of Findings Corrected Annual Self Assessment Find	15 5 7 1 13 8	5 5 7 1 100	5 5 1 21 106 37	5 8 1 16 106 47	5 5 1 16 41 74	5 4 1 22 30 29	NA NA NA NA NA	NA NA NA NA	August	September	October	November
# of Staff interviewed # Bus Routes Observed # Staff Files Reviewed # Community Contacts # of Findings Corrected Annual Self Assessment Find # of findings	15 5 7 1 13 8	5 5 7 1 100 48	5 5 1 21 106 37 Date:	5 8 1 16 106 47 Week of	5 5 1 16 41 74 2/13/2017	5 4 1 22 30 29 Completed	NA NA NA NA NA	NA NA NA NA NA	August	September 0	October	November 0
# of Staff interviewed # Bus Routes Observed # Staff Files Reviewed	15 5 7 1 13 8 ings December	5 5 7 1 100 48 January	5 5 1 21 106 37 Date: February	5 8 1 16 106 47 Week of March	5 5 1 16 41 74 2/13/2017 April	5 4 1 22 30 29 Completed May	NA NA NA NA NA June	NA NA NA NA NA July	-			

Preparing HSPPS for Electronic Conversion Conducting Pre-Service August 2017 Back to School Preparations

Community Services of Northeast Texas, Inc.

Personnel Policies & Procedures

391 Holidays Effective Date: 5/25/2005 Revision Date: 8/23/2017

Beginning 07/01/05, Community Services of Northeast Texas, Inc. will grant holiday time off in accordance with the schedule and limitations contained herein to all eligible regular employees immediately upon assignment to an eligible employment classification. Holiday and Administrative Leave pay will be calculated based on the employee's regularly scheduled hours worked per day at the straight-time pay rate as of the date of the holiday or administrative leave. Due to funding source regulations and program needs, Agency designated Holidays may vary throughout our programs. Employees in the following employment classifications (*Policy 201 Employment Categories/Classifications*) are eligible for this benefit:

Regular/Provisional Full-time = 8 hours per day Regular/Provisional Part-time = 6 hours per day Regular/Provisional Part-time = 4 hours per day

- New Years' Day January 1
- Martin Luther King Day Third Monday in January
- Spring Holiday Friday before Easter (will be considered administrative leave)
- Spring Holiday Monday after Easter (will be considered administrative leave)
- Memorial Day Last Monday in May
- Juneteenth June 19
- Independence Day July 4th
- Agency Summer Holiday First Monday in August
- Labor Day First Monday in September
- Columbus Day Second Monday in October
- Veteran's Day November 11
- Thanksgiving (Thursday and Friday)
- Christmas Week (up to 5 business days) (Christmas Day Holiday and up to 4 days administrative leave)

Head Start Staff

Specialists – Coordinators - Program Monitor – Managers - Campus Directors – Family Service Workers – Teachers - Teaching Assistants - Campus Maintenance Staff – Cooks - Bus Drivers will follow the same Holiday Schedule with the following modifications:

Thanksgiving will coincide with the center ISD schedule. Thanksgiving Day Holiday and up to 4 days administrative leave.

Christmas will coincide with the center ISD schedule. Christmas Day Holiday with remaining days considered administrative leave.

Spring Break will follow your center ISD schedule and will be considered administrative leave.

Community Services of Northeast Texas, Inc.

Personnel Policies & Procedures

Winter Break applies only to those centers with ISD's offering that as a holiday. (Winter break administrative leave may be granted to Campus Staff Only.)

Friday before Easter Sunday will follow your center school district schedule. Monday after Easter Sunday will follow your center school district schedule.

Columbus Day will follow your center school district schedule. New Years' Day will follow your center school district schedule.

To be eligible for holiday pay, an employee must be in pay status the last scheduled day immediately preceding and the first scheduled day immediately following the holiday. Pay status is defined as "being at work" or on one of the approved paid leave types.

A recognized holiday that falls on a Saturday will be observed on the preceding Friday. A recognized holiday that falls on a Sunday will be observed on the following Monday.

If a recognized holiday falls during an eligible employee's paid absence, holiday pay will be provided instead of the paid time off benefit that would otherwise have applied.

Staff is prohibited from working on a holiday, without written authorization from the Executive Director.

2017-2018 Nutrition Menu Changes

Detailed Justification: Changes were made to the 2017 – 2018 Nutrition Menus. The Apple crisp was removed and replaced with fruit. The recommendation came from the Licensed Dietician due to the new guidelines effective 10-1-2017. The vendor was unable to purchase mini wheat bagels therefore the students will be served half of a regular sized bagel.

2017-2018 Nutrition Menu Changes:

An updated copy of the menus are attached.



Community Services Head Start 2017/ 2018 Menu Cycle 1

+ MEANS A GOOD SOURCE OF VITAMIN A * MEANS A GOOD SOURCE OF VITAMIN C



WEDNESDAY THURSDAY FRIDAY	LES* 1/2 C BANANA* 1/2 C BERRIES* 1/2 C FRESH FRUIT ** 1 OZ CEREAL 1/2 SLICE OF WHEAT TOAST 1/2 C FRESH FRUIT 3/4 C MILK 3/4 C MILK 3/4 C MILK	TILLAS 2 OZ BAKED FISH V/diced 1/4 C GINGER CARROTS+ 1/4 C BROCCOLI & CAULIFLOWER 1/4 C BROCCOLI & CAULIFLOWER 1/4 C PINEAPPLE TIDBITS* 1/4 C BROWN RICE 3/4 C CHICKEN ALFREDO W/ TWIST 1/4 C SPINACH SALAD w/diced 1/4 C SPINACH SALAD w/diced 1/4 C BROWN RICE 3/4 C MILK 3/4 C CHICKEN ALFREDO W/ TWIST 1/4 C SPINACH SALAD w/diced 1/4 C BROWN RICE 3/4 C MILK 3/4 C CHICKEN ALFREDO W/ TWIST 1/4 C SPINACH SALAD w/diced 1/4 C BROWN RICE 3/4 C MILK 3/4 C MILK 3/4 C MILK	1/2 C APPLESAUCE 1 OZ SCOOBY DOO GRAHAM CRACKERS 1/2 C WATER 1/2 C WATER	minimum serving size for children ages 3-5
TUESDAY WEDNES	1/2 C APPLE WEDGES* WHEAT BAGELS** 3/4 C MILK 3/4 C MILK	VERACRUZ BEAN TORTILLAS 1/4 C GREEN SALAD w/diced tomatoes* 1/4 C BINEAPPLE 1/4 C BINEAPPLE 1/4 C BROWN 3/4 C MILK 3/4 C MILK	SCOOP IT UP CHEESE SPREAD 4 CT WHEAT CRACKERS 1/2 C WATER 1/2 C WATER	
MONDAY	BREAKFAST 1/2 C TOOTIE FRUIT CHIP DIP 1/2 SLICE OF WHEAT TOAST 3/4 C MILK	1.5 OZ BBQ CHICKEN 1/4 C SWEET POTATO+* 1/4 C BAKED BEANS 1 WHEAT ROLL 3/4 C MILK	PM SUACK 1/2 C CARROTS+ 2 OZ YOGURT 1/2 C WATER	Mate: The amoutition of food enonified and the

SEASONAL FRESH FRUIT = Berries, Melon, Apple, Banana, Peach, Pineapple, Orange, Nectarine, Mangos, Kiwi, or Plum based on the Child and Adult Food Program

Community Services Head Start 2017/ 2018 Menu Cycle 2 + MEANS A GOOD SOURCE OF VITAMIN A * MEANS A GOOD SOURCE OF VITAMIN C



PANCAKE ON A STICK** 1/2 C PEACHES 1/2 C PEACHES 1/2 C FEACHES 1/2 C MANDARIN OFANGE+* 1/2 C PEACHES 1/2 C PEACHES 1/2 C FEACHES 1/2 C MANDARIN OFANGE+* 1/2 SLICE OF WHEAT TOAST 1/2 C FEACHES 1/2 C FEACHES 1/2 C MANDARIN OFANGE+* 1/2 SLICE OF WHEAT TOAST 1/2 C FEACHES 1/2 C FEACHES 3/4 C MILK 3/4 C MILK 3/4 C MILK 3/4 C MILK 1/4 C POPPIN POTATOES 1/4 C FEACHES 1/4 C FEACHES 1/4 C OFCEP FEARS 1/4 C APPEN WOTATOES 1/4 C STEAMED BROCCOUL+* 1/4 C GREEN SALDW violed 1/4 C DICEP FEARS 1/4 C APPEN WOTATOES 1/4 C STEAMED BROCCOUL+* 1/4 C GREEN SALDW violed 1/4 C DICEP FEARS 1/4 C APPEN WOTATOES 1/4 C STEAMED BROCCOUL+* 1/4 C GREEN SALDW violed 1/4 C DICEP FEARS 1/4 C APPEN WOTATOES 1/4 C STEAMED BROCCOUL+* 1/4 C GREEN SALDW violed 1/4 C DICEP FEARS 1/4 C APPEN WOTATOES 1/4 C MILK 3/4 C MILK 3/4 C MILK 1/4 C STEAMED BROCCOUL+* 1/4 C GREEN SALDW violed 1/4 C DICEP FEARS 1/4 C STEAMED BROCCOUL+* 1/4 C GREEN SALDW violed 1/4 C MILK 1/4 C STEAMED BROCCOUL+* 1/4 C GREEN SALDW violed 1/4 C MILK 1/4 C STEAMED BROCCOUL+* 1/4 C GREEN SALDW violed 1/4 C MILK 1/4 C STEAMED BROCCO		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 OZ SALISBURY STEAK** 3/4 C SPAGHETTI w/ MEATBALLS 1/4 C POPPIN POTATOES 3/4 C JAMMIN' JAMBALAYA* 1/4 C APPLE WEDGES* 3/4 C JAMMIN' JAMBALAYA* 1/4 C APPLE WEDGES* 3/4 C JAMMIN' JAMBALAYA* 1/2 SLICE OF WHEAT BREAD 3/4 C MILK 3/4 C MILK 1/4 C MANGO+* 3/4 C MILK 3/4 C MILK 3/4 C MILK 3/4 C MILK 3/4 C MILK 3/4 C MILK 1/2 C BANANA* 1/2 C WINTER MIX* 1/2 C DRY CEREAL 1/2 C WINTER MIX* 1/2 C WATER 1/2 C WATER 1/2 C WATER 1/2 C WATER	TEATNAERE	PANCAKE ON A STICK** 1/2 C MANDARIN ORANGE+* 3/4 C MILK	1/2 C PEACHES 1 EGG** 1/2 SLICE OF WHEAT TOAST 3/4 C MILK	1/2 C PEACHES 1/2 SLICE OF WHEAT TOAST 3/4 C MILK	1/2 C FRUIT WHEAT BAGEL 3/4 C MILK	
1/2 C BANANA* 1/2 C WINTER MIX* 1/2 C RED & GREEN BELL 1/2 OZ DRY CEREAL 1/2 C WINTER MIX* 1/2 C RED & GREEN BELL 1/2 OZ DRY CEREAL 1/2 C WINTER MIX* 1/2 C RED & GREEN BELL 1/2 OZ DRY CEREAL 1/2 C WINTER MIX* 1/2 C RED & GREEN BELL 1/2 C WATER 1/2 C WATER 1/2 C WATER	НЭМОЛ	2 OZ SALISBURY STEAK** 1/4 C POPPIN POTATOES 1/4 C APPLE WEDGES* 1/2 SLICE OF WHEAT BREAD 3/4 C MILK	3/4 C JAMMIN' JAMBALAYA* 1/4 C STEAMED BROCCOLI +* 3/4 C MILK	3/4 C SPAGHETTI w/ MEATBALLS 1/4 C GREEN SALAD w/ diced tomatoes* 1/4 C MANGO+* 3/4 C MILK	2 OZ TUNA SALAD SANDWICH 1/4 C CARROTS* 1/4 C DICED PEARS 3/4 C MILK	
	PM SNACK	1/2 C BANANA* 1/2 OZ DRY CEREAL 1/2 C WATER	1/2 C WINTER MIX* WHEAT BAGEL 1/2 C WATER	1/2 C RED & GREEN BELL PEPPER SLICES* w/ ranch dressing 1 OZ CORN CHIPS 1/2 C WATER		

SEASONAL FRESH FRUIT = Berries, Melon, Apple, Banana, Peach, Pineapple, Orange, Nectarine, Mangos, Kiwi, or Plum based on the Child and Adult Food Program



Community Services Head Start 2017/ 2018 Menu



Cycle 3 + MEANS A GOOD SOURCE OF VITAMIN A * MEANS A GOOD SOURCE OF VITAMIN C

SEASONAL FRESH FRUIT = Berries, Melon, Apple, Banana, Peach, Pineapple, Orange, Nectarine, Mangos, Kiwi, or Plum based on the Child and Adult Food Program

Community Services Head Start 2017/ 2018 Menu Cycle 4 + MEANS A GOOD SOURCE OF VITAMIN A * MEANS A GOOD SOURCE OF VITAMIN C



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	1/2 C APPLE WEDGES* WHEAT BAGEL** 3/4 C MILK	1/2 C BERRIES* 1/2 SLICE OF WHEAT TOAST 3/4 C MILK	1/2 C BAKED APPLES* 1 EGG** 1/2 SLICE OF WHEAT TOAST 3/4 C MILK	1/2 C APRICOTS+ PANCAKE ON A STICK** 3/4 C MILK	1/2 FRESH FRUIT 1/2 SLICE OF WHEAT TOAST 3/4 C MILK
ГЛИСН	3/4 C CHICKEN ALFREDO W/ TWIST 1/4 C SPINACH SALAD +* 1/4 C PEACHES 3/4 C MILK	3/4 C SPAGHETTI w/ meat 1/4 C CORN 1/4 C MANGO+* 3/4 C MILK	2 OZ FISH ON A BUN** 1/4 C GINGER CARROTS* 1/4 C BAKED BEANS 3/4 C MILK	1.5 OZ BBQ BAKED CHICKEN 1/4 C SWEET POTATOES+* 1/4 C DICED PEARS 1/4 C BROWN RICE 3/4 C MILK	PIZZA** 1/4 C SPINACH SALAD + 1/4 C MANDARIN ORANGE+* 3/4 C MILK
PM SNACK	1/2 C FRESH FRUIT 2 OZ YOGURT 1/2 C WATER	1/2 C WINTER MIX* 1 OZ SCOOBY DOO GRAHAM CRACKERS 1/2 C WATER	CHEESEY TOAST 1/2 C WATER	3/4 C ISLAND FUN PASTA SALAD* 1/2 C WATER	1/2 C FRESH VEGETABLES 1 OZ CHEESE CUBES 1/2 C WATER
	Note: The quantities of foo	Note: The quantities of food specified are the minimum serving size for children ages 3-5	serving size for children ages	3-5	** CN Product

SEASONAL FRESH FRUIT = Berries, Melon, Apple, Banana, Peach, Pineapple, Orange, Nectarine, Mangos, Kiwi, or Plum based on the Child and Adult Food Program

Community Services Head Start 2017/ 2018 Menu Cycle 5 + MEANS A GOOD SOURCE OF VITAMIN A * MEANS A GOOD SOURCE OF VITAMIN C



1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	1/2 C APPLE WEDGES* WHEAT BAGEL** 3/4 C MILK	1/2 C PEACHES 1/2 C GOLDEN PORRIDGE 3/4 C MILK	1/2 C BANANA* 1 OZ CEREAL 3/4 C MILK	1/2 C APRICOTS+ 1 OZ FRENCH TOAST STICK** 3/4 C MILK	1/2 C PINEAPPLE TIDBITS 1/2 GRILLED CHEESE SANDWICH 3/4 C MILK
ГЛИСН	1 VERACRUZ BEAN TORTILLAS 1/4 C GREEN SALAD w/ diced tomatoes* 1/4 C MIX BERRIES* 3/4 C MILK	3/4 C JAMMIN' JAMBALAYA* 1/4 C STEAMED BROCCOLI+* 3/4 C MILK	2 OZ MEATBALL SUB SANDWICH 1/4 C PEAS & CARROTS* 1/4 C MANGOS+* 3/4 C MILK	2 OZ BAKED FISH** 1/4 C GREEN BEANS 3/4 C ISLAND FUN PASTA SALAD* 3/4 C MILK	2 OZ SALISBURY STEAK** 1/4 C POPPIN POTATOES 1/4 C FRESH FRUIT 1 WHEAT ROLL 3/4 C MILK
PM SNACK	1 FRESH MANDARIN ORANGE+* 2 OZ YOGURT 1/2 C WATER	1/2 C CINNAMON APPLESAUCE 1 OZ SCOOBY DOO GRAHAM CRACKER 1/2 C WATER	SCOOP IT UP CHEESE SPREAD 4 CT WHEAT CRACKERS 1/2 C WATER	1/2 OZ BEAN DIP 1 OZ CORN CHIP 1/2 C WATER	1/2 C BROCCOLI & CAULIFLOWER SALAD+* 4 CT WHEAT CRACKER 1/2 C WATER
	Note: The quantities of food specified are the		minimum serving size for children ages 3-5		** CN Product

SEASONAL FRESH FRUIT = Berries, Melon, Apple, Banana, Peach, Pineapple, Orange, Nectarine, Mangos, Kiwi, or Plum based on the Child and Adult Food Program

Community Services Head Start 2017/ 2018 Menu Cycle 6 + MEANS A GOOD SOURCE OF VITAMIN A * MEANS A GOOD SOURCE OF VITAMIN C



SEASONAL FRESH FRUIT = Berries, Melon, Apple, Banana, Peach, Pineapple, Orange, Nectarine, Mangos, Kiwi, or Plum based on the Child and Adult Food Program